

# February 2012

## Fairwood Retirement

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>First Day to Deliver Heart Grams</b> 1 8:00 Water Exercises <b>10:00 Catholic Mass</b> 10:00 Stay Strong/PW <b>1:00 Chair Yoga</b> 2:00 Wii Bowling	10:00 Sit & Be Fit 2 10:00/12:30 Grocery 11:00 Blood Pressure 2:30 Organ Entertainment 6:15 BUNKO <b>6:30 Civic Theatre</b>	8:00 Water Exercises 3 10:00 Stay Strong/PW <b>12:00 Superbowl Party</b> 2:00 Wii Golfing 6:10 BINGO	10:00 Sit & Be Fit 4 <b>11:00 Brain Teasers</b> 1:00 Pool Hall 6:00 Music & Dancing <b>7:00 Superpops</b>
9:30, 10:00, 10:30 5 Sunday Church Runs <b>12:30 Superbowl Sunday Meal</b> 2:00 Worship @ ALF	8:00 Water Exercises 6 10:00 Stay Strong/PW <b>11:30 CRAFTS</b> 12:30 Pinochle 6:15 PoKeno	9:15 TAI CHI 7 9:30 Coffee Time <b>10:00 Casino Outing</b> 10:00 Bible Study 10:00 Sit & Be Fit	8:00 Water Exercises 8 10:00 Stay Strong/PW <b>11:30 Book &amp; Caesar</b> <b>1:00 Chair Yoga</b> 2:00 Wii Bowling <b>6:00 Entertainment</b>	<b>Jewelry Showcase</b> 9 <b>8:30 Men's Breakfast</b> 10:00 Sit & Be Fit 10:00/12:30 Grocery 11:00 Blood Pressure 6:15 BUNKO	8:00 Water Exercises 10 10:00 Stay Strong/PW <b>1:00 Valentine's Social Not-So-Newlywed Game</b> 2:00 Wii Golfing 6:10 BINGO	10:00 Sit & Be Fit 11 10:30 Coffee Time 1:00 Pool Hall 2:00 Movie @ ALF <b>6:00 Music &amp; Dancing</b>
9:30, 10:00 & 12 10:30 Church Runs <b>1:00 Movie Time</b> 2:00 Worship @ ALF <b>6:15 VESPERS</b>	8:00 Water Exercises 13 10:00 Stay Strong/PW <b>11:30 Beading Class</b> 12:30 Pinochle 6:15 PoKeno	<b>Last Day to Deliver Heart Grams</b> 14 9:15 TAI CHI <b>9:30 -12:30 Massage</b> 10:00 Bible Study 10:00 Sit & Be Fit <b>6:00 Entertainment</b>	8:00 Water Exercises 15 <b>9:45 Northtown Mall</b> 10:00 Stay Strong/PW <b>1:00 Chair Yoga</b> <b>4:30 Supper Club</b>	10:00 Sit & Be Fit 16 10:00/12:30 Grocery 11:00 Blood Pressure <b>1:45 Library Outreach</b> 6:15 BUNKO	8:00 Water Exercises 17 10:00 Stay Strong/PW <b>1:30 Hi~Neighbor</b> 2:00 Wii Golfing 6:10 BINGO	10:00 Sit & Be Fit 18 10:30 Coffee Time 1:00 Pool Hall 2:00 Movie @ ALF <b>6:00 Music &amp; Dancing</b>
9:30, 10:00 & 19 10:30 Church Runs <b>1:00 Movie Time</b> 2:00 Worship @ ALF <b>6:15 VESPERS</b>	8:00 Water Exercises 20 <b>10:00 Hearing Clinic</b> 10:00 Stay Strong/PW 12:30 Pinochle 6:15 PoKeno	9:15 TAI CHI 21 10:00 Bible Study <b>11:15 Trader Joe's &amp; Applebee's Outing</b> 10:00 Sit & Be Fit <b>6:00 Resident Council</b>	8:00 Water Exercises 22 10:00 Stay Strong/PW <b>1:00 Chair Yoga</b> 2:00 Wii Bowling <b>6:15 Movie Nite Out</b>	10:00 Sit & Be Fit 23 10:00/12:30 Grocery 11:00 Blood Pressure <b>2:00 Manito Park DVD</b> 6:15 BUNKO	8:00 Water Exercises 24 10:00 Stay Strong/PW <b>12:00 Pizza Friday</b> 2:00 Wii Golfing 6:10 BINGO	10:00 Sit & Be Fit 25 10:30 Coffee Time 1:00 Pool Hall 2:00 Movie @ ALF <b>6:00 Music &amp; Dancing</b>
9:30, 10:00 & 26 10:30 Church Runs <b>1:00 Movie Time</b> 2:00 Worship @ ALF	8:00 Water Exercises 27 10:00 Stay Strong/PW <b>11:30 ART CLUB</b> 12:30 Pinochle 6:15 PoKeno	9:15 TAI CHI 28 9:30 Coffee Time 10:00 Bible Study 10:00 Sit & Be Fit <b>11:30 Birthday Party</b>	8:00 Water Exercises 29 9:30 Coffee Time 10:00 Stay Strong/PW <b>12:00~2:00 Leap Year Health Fair</b>			

Valentine's Day  
February 14th